



Self Leadership

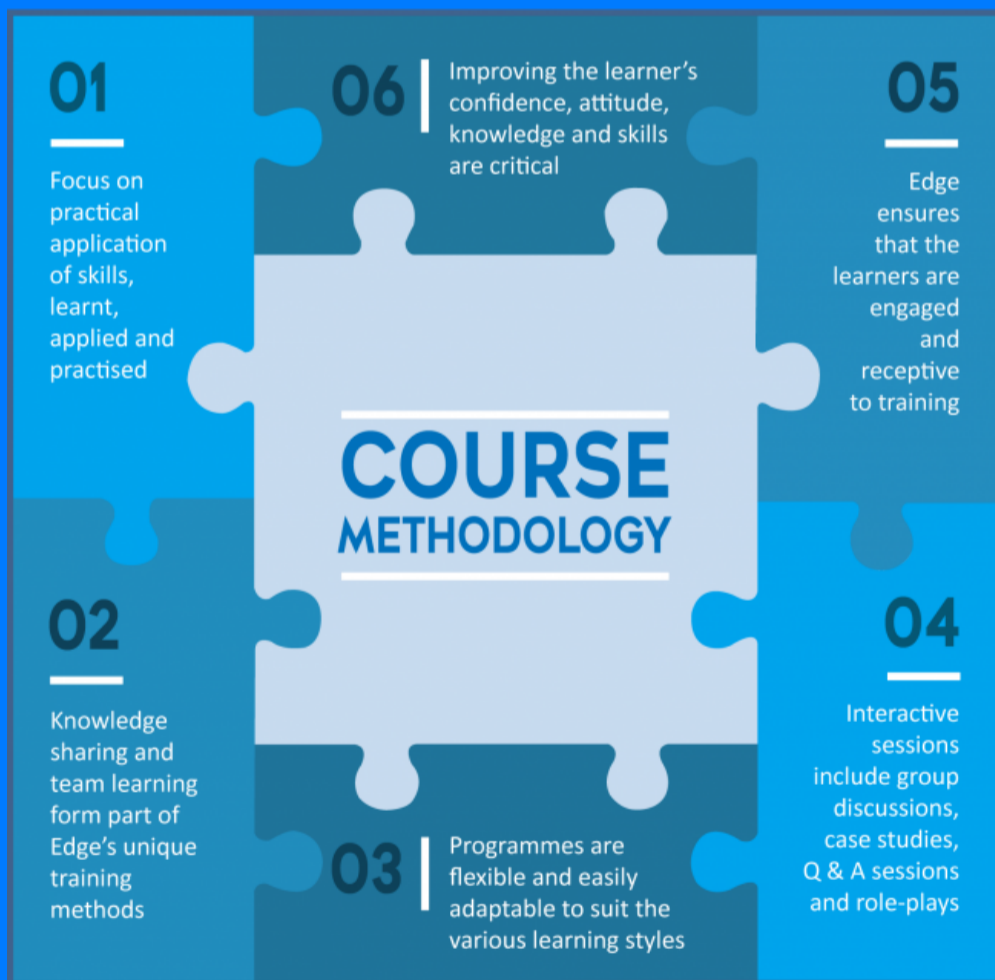
NQF Level 4 Unit STD - 242821 *Accredited Short Course*

Workshop Outline

- Identify the qualities of a successful leader
- Understand leadership theories
- Capitalise on your strengths
- Complete the leadership balance wheel
- Analyse Emotional Intelligence and its effect on leadership
- Complete an emotional intelligence test
- Identify and understand your internal and external locus of control
- Apply the self-thought motivational cycle

Objective

By the end of this course you will have a clear understanding of the concept of leadership as well as being able to identify the roles and qualities of a successful leader. Self-leadership forms an integral part of this course, suggesting practical ways which will assist you in implementing what you have learnt.



About Edge Training

With an extensive track record spanning over 22 years in training, Edge Training boasts a Level 1 BBBEE Scorecard, a nationwide presence, and full accreditation with multiple SETAs. In collaboration with our BEE partners, we are wholeheartedly committed to addressing Skills Development Challenges within the BEE framework in a substantial manner. Whether you're in need of an Accredited Short Course, a comprehensive Soft Skills Workshop, or a Learnership programme, our team of highly skilled and dedicated professionals stands ready to provide tailored solutions. We handle all aspects of sourcing learners and managing the necessary requirements for disabled and unemployed Learnerships. Furthermore, the majority of our Learnerships and Workshops are conveniently available as online courses, making your learning accessible and flexible.

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